

**UNIVERSITY OF CALICUT**

**B.Sc. PSYCHOLOGY HONOURS  
(MAJOR, MINOR AND GENERAL FOUNDATION COURSES)**

**SYLLABUS & MODEL QUESTION PAPERS**

**w.e.f. 2024 admission onwards**

**(CUFYUGP Regulations 2024)**

## **1. CREDIT STRUCTURE OF CUFYUGP**

The proposed number of credits and the credit distribution for each course of the Undergraduate Programmes are given below:

- 1.1 An academic year shall consist of 200 working days with two semesters and a summer vacation. In each semester there are 90 working days for academic activities and 10 additional working days for co-curricular and student orientation programmes.
- 1.2 A semester consists of 18 weeks for academic activities with 5 working days per week. In each semester, 3 weeks (15 working days) should be kept aside for examinations, including internal examination evaluation and other academic activities.
- 1.3 The maximum number of available weeks for curriculum transactions should be fixed as 15 weeks in each semester.
- 1.4 Instructional hours include teaching hours and tutorial hours. A minimum of 5 teaching hrs. and 1 tutorial hr. should be made available for a day in a 5-day week.
- 1.5 A total of 450 instructional hours will be available for each semester, including 25 teaching hrs. and 5 tutorial hrs. per week,
- 1.6 For the effective implementation of CUFYUGP, a system of flexible timings and time table shall be provided for the students and teachers as per the choice of each college.
- 1.7 Library and Laboratory facilities shall be accessible for the students for at least two hours after the regular academic transactions.
- 1.8 A course that includes one hour of lecture or tutorial, or a minimum of two hours of lab work /practical work /field work per week, is given one credit hour. That is, 1 credit hour in theory per week equals 1 lecture or tutorial hr. per week plus 2 hrs. of learner engagement in terms of course-related activities, and 1 credit hour in practical / practicum per week equals 2 hrs. of lab work / practical work / field work / hands-on experience per week.
- 1.9 One credit in a semester should be designed for 15 hours of lectures or tutorials or 30 hours of practicum plus 30 hours of learner engagement in terms of course-related activities such as seminar preparation, submitting assignments, etc.
- 1.10 A 4-credit discipline specific course (Major and Minor) in theory consists of 4 hrs. of lecture / tutorial classes per week and 60 hrs. of lecture / tutorial classes in a semester.
- 1.11 A 3-credit general foundation course (AEC, SEC, VAC and MDC) in theory consists of 3 hrs. of lecture / tutorial classes per week and 45 hrs. of lecture / tutorial classes in a

semester.

- 1.12 A discipline-specific course with theory component and practical / practicum component is of the form 3-credits in theory component and 1-credit in practical / practicum component. It consists of 3 hrs. of lecture / tutorial classes and 2 hrs. of practical / practicum classes per week. This amounts to 45 hrs. of lecture / tutorial classes and 30 hrs. of practical/practicum class per semester

CUFYUGP shall have three Broad Pathways, **(a) 3-year UG Degree, (b) 4-year UG Degree (Honours), and (c) 4-year UG Degree (Honours with Research).**

- 1.1 Students who choose to exit after 3 years shall be awarded UG Degree in their respective Major Discipline after the successful completion of the required minimum of courses of total 133 credits.
- 1.2 A four-year UG Degree (Honours) in the Major Discipline shall be awarded to those who complete the CUFYUGP with a specific number of courses of total 177 credits, including 12 credits from an optional graduate project /dissertation in their Major/ allied discipline.
- 1.3 The Foundation component of the FYUGP shall consist of a Set of General Foundation Courses and a Set of Discipline Specific Foundation Courses.
- 1.4 General Foundation Courses shall be common for all students and shall be grouped into 4 major baskets as
  - a)Ability Enhancement courses (AEC),**
  - b)Skill Enhancement Courses (SEC),**
  - c)Value Added Courses (VAC), and**
  - d)Multi-Disciplinary Courses (MDC).**

Discipline Specific Foundation Courses are the **Major and Minor courses** .They shall focus on foundational theories, concepts, perspectives, principles, methods, skills, and critical thinking essential for taking up advanced Courses.

**MINIMUM CREDIT REQUIREMENTS OF THE DIFFERENT PATHWAYS  
IN THE THREE-YEAR PROGRAMME IN CUFYUGP**

Sl. No.	Academic Pathway	Major	Minor/ Other Disciplines	Foundation Courses AEC: 4 MDC: 3 SEC: 3 VAC: 3	Intern- ship	Total Credits	Example
		Each course has 4 credits					
1	Single Major (A)	68 (17 courses)	24 (6 courses)	39 (13 courses)	2	133	Major: Psychology + six courses in different disciplines in different combinations
2	Major (A) with Multiple Disciplines (B, C)	68 (17 courses)	12 + 12 (3 + 3 = 6 courses)	39 (13 courses)	2	133	Major: Psychology + Physiology and Statistics
3	Major (A) with Minor (B)	68 (17 courses)	24 (6 courses)	39 (13 courses)	2	133	Major: Psychology Minor: Physiology Or Statistics
Exit with UG Degree / Proceed to Fourth Year with 133 Credits							

## COURSE DISTRIBUTION –FYUGP PSYCHOLOGY

### Semester 1

Sl.No	Type of Course	Course title	Total hours	Hours/week	Credits
1	Major with practical	Invitation to Psychology	75 45+30	3+2 = 5 hr Workload - 7	4
2	MDC 1	1.The Art of Stress Management 2.Life Skill Development 3.Child and Adolescent Mental Health 4. Science of well-being	45 (36+9)	3	3
Total				10	7

### Semester 2

Sl.No	Type of Course	Course title	Total hours	Hours/week	Credits
3	Major With	Science of Mental Processes	75 (45+30)	3+2=5 Workload 7	4

	practical				
4	MDC 2	1.Comprehensive Sexuality Education 2.Psychology in Everyday Life 3. Adulthood and Parenting 4. Psychology and Personal Growth	45 (36+9)	3	3
Total				10	7

### Semester 3

Sl.No	Type of Course	Course title	Total hours	Hours/week	Credits
5	Major (Theory only)	Psychological Assessment	60 (48+12)	4	4
6	Major with practical	Individual Differences	75 (45+30)	3+2 Workload 7	4
Total				11	8

#### Semester 4

Sl.No	Type of Course	Course title	Total hours	Hours/week	Credits
7	Major with practicum	Child and Adolescent Development	75 (45+30)	5	4
8	Major with practicum	Foundations of Social Behaviour	75 (45+30)	5	4
9	Major with practicum	Biological basis of Behavior	75 (45+30)	5	4
Total				15	12

#### Semester 5

Sl.No	Type of Course	Course title	Total hours	Hours/week	Credits
10	Major with practical	Organizational Behavior	75 (45+30)	3+2 Workload 7	4

11	Major with practical	Development in Adulthood	75 (45+30)	3+2=5, Workload 7	4
12	Major (Theory only)	Foundations of Abnormal Psychology	60 (48+12)	4	4
13	In Semesters 5 students can select 2 electives from a choice of 4 courses				
	Elective 1 & Elective 2	1. Positive Psychology 2. Educational Psychology 3. Psychology of Cyber space 4. Sports Psychology	60(48+12) for 2 elective course	4 *2=8	4 *2=8
14	SEC 2	Psychological First aid and Competencies	45 (36+9)	3	3
Total				29	23



## Semester 6

Sl.No	Type of Course	Course title	Total hours	Hours/week	Credits
15	Major with practical	Abnormal Psychology :Exploring the Depths	75 (45+30)	3+2  Workload 7	4
16	Major with Practicum	Introduction to Psychological Research	75 (45+30)	5	4
17	Major (Theory only)	Psychological Counselling	60 (48+12)	4	4
18	In Semesters 6 students can select 2 electives from a choice of 4 courses				
	Elective 3 & Elective 4	1.Forensic Psychology 2.Cultural Psychology 3FOUNDATIONS of ProfessionalDevelopment 4.Comprehensive Sexuality Education	60(48+12) for 2 elective course	4 *2=8	4 *2=8

19	SEC 3	Academic Digital Literacy	45 (36+9)	3	3
Total				27	23

**Odd Semester Work load ---10+11+29= 50 hrs.**

**Even semester Work Load ----10+15+27= 52 hrs.**

### **Semester 7**

Sl.No	Type of Course	Course title	Total hours	Hours/week	Credits
20	Major with practical	Applied social Psychology	75 (45+30)	5	4
21	Major with practicum	Health Psychology: Theory and Practice	75 (45+30)	5	4
22	Major with practicum	Rehabilitation Psychology	75 (45+30)	5	4
23	Major with	Orientation to Psychological	75 (45+30)	5	4

	practicum	interventions			
24	Major with practicum	Human Resource Planning and Development	75 (45+30)	5	4
Total				25	20

### Semester 8

Sl.No	Type of Course	Course title	Total hours	Hours/week	Credits
25	Major with practical	Assessments in Counseling and Clinical Settings	75 (45+30)	3+2 Workload 7	4
26	Major (Theory only)	Applied Psychology	60 (48+12)	4	4
27	Major (Theory only)	Foundations of Neuropsychology	60 (48+12)	4	4
	OR (instead of Core Courses 19 – 21 in Major) Project (in Honours programme) Or Project (in Honours with Research programme)				

	In Semester 8, students can select 3 electives from a choice of 5 courses				
28	Elective 5 Elective 6 & Elective 7	1. Psychological processes in Advertising  2. Advanced Cognitive Psychology  3. An introduction to Psycho- Oncology  4. Critical Psychology  5. Media Psychology: Understanding Influence	60(48+12) for 3 elective course	4 *3=12	4 *3=12
29	OR (instead of Elective course 7 in Major, in Honours with Research programme) the student can take a paper on  <b>Advanced Research Methods in Psychology</b>				

## Marks and Hour Distribution-FYUGP Psychology

Courses	No.of units	Hr distribution	Module wise hr distribution	Marks distribution	Internal mark distribution
Major/ Minor (Theory only)  Credit 4	Module 1- 1V- 22 units	4 hrs per week  60 hrs per semester	Module 1- 1V- 48hrs Module V- 12 hrs  Total 60 hrs	Total marks 100  (70 External + 30 internal)	Module 1- 1V-20 Marks  Module V-10 Marks  Total 30 marks
Major/ Minor (Theory + practical/practicum)  Credit 4	Module 1- 1V- 22 units	5Hrs per week  3 theory+2 practical  75 hrs per semester	Module 1- 1V -45 hrs  Module V-30 hrs  Total 75 hrs	Total marks 100  (70 External + 30 internal)	Module 1- 1V-10 Marks  Module V -20 Marks  Total 30 marks
MDC/SEC (Theory only)  (3 Credit)	Module 1- 1V- 19 units	4Hrs per week  45 hrs per semester	Module 1- 1V- 36hrs  Module V-9 hrs  Total 45 hrs	Total marks - 75  (50 External + 25 internal)	Module 1- 1V-20 Marks  Module V-5 Marks  Total 25 marks

## GROUPING OF MINOR COURSES IN PSYCHOLOGY

The minor courses given below should not be offered to students who have taken Psychology as the major discipline. They should be offered to students from other major disciplines only

Group No.	Sl. No.	Course Code	Title	Semester	Total Hrs	Hrs/Week	Credits	Marks		
								Internal	External	Total
*Courses in Group 4 and 5 include Practicum. Colleges may choose for the minor courses with practicum for the respective semesters depending upon the workload										
1	<b>FOUNDATIONS OF BEHAVIOUR</b>									
	1	PSY1MN101	Gateways to Mind and Behaviour	1	60	4	4	30	70	100
	2	PSY2MN101	Understanding Psychological Disorders	2	60	4	4	30	70	100
	3	PSY3MN201	Psychology in Society	3	60	4	4	30	70	100
2	<b>DEVELOPMENT &amp; WELLBEING</b>									
	1	PSY1MN102	Growth and Development	1	60	4	4	30	70	100
	2	PSY2MN102	Life Span Development	2	60	4	4	30	70	100
	3	PSY3MN202	Psychology of Well-being	3	60	4	4	30	70	100
3	<b>AVENUES OF PSYCHOLOGY</b>									
	1	PSY1MN103	Psychology of Media	1	60	4	4	30	70	100
	2	PSY2MN103	Psychology of Advertising	2	60	4	4	30	70	100
	3	PSY3MN203	Psychological First Aid	3	60	4	4	30	70	
4	<b>DYNAMICS OF BEHAVIOUR</b>									
	1	PSY1MN104	Psychology Unveiled: Understanding Human	1	75	5	4	30	70	100

			Behaviour (With Practicum)							
	2	PSY2MN104	Foundations of Abnormal Behaviour (With Practicum)	2	75	5	4	30	70	100
	3	PSY3MN204	Social Behaviour	3	60	4	4	30	70	100
<b>5</b>		<b>RECENT TRENDS IN PSYCHOLOGY</b>								
	1	PSY1MN105	Media Psychology	1	60	4	4	30	70	100
	2	PSY2MN105	Understanding Psychological First Aid (With Practicum)	2	75	5	4	30	70	100
	3	PSY3MN205	Foundations of Psychological Well-being	3	60	4	4	30	70	100

## EVALUATION SCHEME

1. The evaluation scheme for each course contains two parts: internal evaluation (about 30%) and external evaluation (about 70%). Each of the Major and Minor courses is of 4-credits. It is evaluated for 100 marks, out of which 30 marks is from internal evaluation and 70 marks, from external evaluation. Each of the General Foundation course is of 3-credits. It is evaluated for 75 marks, out of which 25 marks is from internal evaluation and 50 marks, from external evaluation.
2. The 4-credit courses (Major and Minor courses) are of two types: (i) courses with only theory and (ii) courses with 3-credit theory and 1-credit practical.
  - In 4-credit courses with only theory component, out of the total 5 modules of the syllabus, one open-ended module with 20% content is designed by the faculty member teaching that course, and it is internally evaluated for 10 marks. The internal evaluation of the remaining 4 theory modules is for 20 marks.
  - In 4-credit courses with 3-credit theory and 1-credit practical components, out of the total 5 modules of the syllabus, 4 modules are for theory and the fifth module is for practical.

The practical component is internally evaluated for 20 marks. The internal evaluation of the 4 theory modules is for 10 marks.

3. All the 3-credit courses (General Foundational Courses) in Psychology are with only theory component. Out of the total 5 modules of the syllabus, one open-ended module with 20% content is designed by the faculty member teaching that course, and it is internally evaluated for 5 marks. The internal evaluation of the remaining 4 theory modules is for 20 marks.

Sl. No.	Nature of the Course		Internal Evaluation in Marks (about 30% of the total)		External Exam on 4 modules (Marks)	Total Marks
			Open-ended module / Practical	On the other 4 modules		
1	4-credit course	only theory (5 modules)	10	20	70	100
2	4-credit course	Theory (4 modules) + Practical	20	10	70	100
3	3-credit course	only theory (5 modules)	5	20	50	75

## 1. MAJOR AND MINOR COURSES

### 1.1. INTERNAL EVALUATION OF THEORY COMPONENT

Sl. No.	Components of Internal Evaluation of Theory Part of a Major / Minor Course	Internal Marks for the Theory Part of a Major / Minor Course of 4-credits			
		Theory Only		Theory + Practical	
		4 Theory Modules	Open-ended Module	4 Theory Modules	Practical
1	Test paper/ Mid-semester Exam	10	4	5	-



2	Seminar/ Viva/ Quiz	6	4	3	-
3	Assignment	4	2	2	-
Total		20	10	10	20*
		30		30	

\* Refer the table in section 1.2 for the evaluation of practical component

The scheme of continuous evaluation and the end-semester examination and viva-voce of practical component shall be as given below:

Sl. No.	Evaluation of Practical Component of Credit-1 in a Major / Minor Course	Marks for Practical	Weightage
1	Continuous evaluation of practical/ exercise performed in practical classes by the students	10	50%
2	End-semester examination and viva-voce to be conducted by teacher-in-charge along with an additional examiner arranged internally by the Department Council	7	35%
3	Evaluation of the Practical records submitted for the end semester viva-voce examination by the teacher-in-charge and additional examiner	3	15%
<b>Total Marks</b>		20	

### 1.3. EXTERNAL EVALUATION OF THEORY COMPONENT

External evaluation carries 70% marks. Examinations will be conducted at the end of each semester. Individual questions are evaluated in marks and the total marks are converted into grades by the University based on 10-point grading system (refer section 5).

## PATTERN OF QUESTION PAPER FOR MAJOR AND MINOR COURSES

Duration	Type	Total No. of Questions	No. of Questions to be Answered	Marks for Each Question	Ceiling of Marks
2 Hours	Short Answer	10	8 – 10	3	24
	Paragraph/ Problem	8	6 – 8	6	36
	Essay	2	1	10	10
Total Marks					70

### 2. INTERNSHIP

1. All students should undergo Internship of 2-credits during the first six semesters in a firm, industry or organization, or training in labs with faculty and researchers of their own institution or other Higher Educational Institutions (HEIs) or research institutions.
2. Internship can be for enhancing the employability of the student or for developing the research aptitude.
3. Internship can involve hands-on training on a particular skill/ equipment/ software. It can be a short project on a specific problem or area. Attending seminars or workshops related to an area of learning or skill can be a component of Internship.
  - a. A faculty member/ scientist/ instructor of the respective institution, where the student does the Internship, should be the supervisor of the Internship.

### 2.3. EVALUATION OF INTERNSHIP

1. The evaluation of Internship shall be done internally through continuous assessment mode by a committee internally constituted by the Department Council of the college where the student has enrolled for the UG Honours Programme.
2. The credits and marks for the Internship will be awarded only at the end of semester 6.
3. The scheme of continuous evaluation and the end-semester viva-voce examination based on the submitted report shall be as given below:

Sl. No.	Components of Evaluation of Internship		Marks for Internship 2 Credits	Weightage
1	Continuous evaluation of internship through interim presentations and reports by the committee internally constituted by the Department Council	Acquisition of skill set	10	40%
2		Interim Presentation and Viva-voce	5	
3		Punctuality and Log Book	5	
4	Report of Institute Visit/ Study Tour		5	10%
5	End-semester viva-voce examination to be conducted by the committee internally constituted by the Department Council	Quality of the work	6	35%
6		Presentation of the work	5	
7		Viva-voce	6	
8	Evaluation of the day-to-day records, the report of internship supervisor, and final report submitted for the end semester viva-voce examination before the committee internally constituted by the Department Council		8	15%
	Total Marks		50	

### 3. PROJECT

#### 3.1. PROJECT IN HONOURS PROGRAMME

1. In the Honours programme, the student has the option to do a Project of 12 credits instead of three major core courses in semester 8.
2. The Project can be done in the same institution/ any other higher educational institution (HEI)/ research centre/ training centre.

3. The Project in Honours programme can be a short research work or an extended internship or a skill-based training programme
4. A faculty member of the respective institution, where the student does the Project, should be the supervisor of the Project.

### **3.2. PROJECT IN HONOURS WITH RESEARCH PROGRAMME**

1. Students who secure 75% marks and above (equivalently, CGPA 7.5 and above) cumulatively in the first six semesters are eligible to get selected to Honours with Research stream in the fourth year.
2. A relaxation of 5% in marks (equivalently, a relaxation of 0.5 grade in CGPA) is allowed for those belonging to SC/ ST/ OBC (non-creamy layer)/ Differently-Abled/ Economically Weaker Section (EWS)/ other categories of candidates as per the decision of the UGC from time to time.
3. In Honours with Research programme, the student has to do a mandatory Research Project of 12-credits instead of three Core Courses in Major in semester 8.
4. The approved research centres of University of Calicut or any other university/ HEI can offer the Honours with Research programme. The departments in the affiliated colleges under University of Calicut, which are not the approved research centres of the University, should get prior approval from the University to offer the Honours with Research programme. Such departments should have minimum two faculty members with Ph.D., and they should also have the necessary infrastructure to offer Honours with Research programme.
5. A faculty member of the University/ College with a Ph.D. degree can supervise the research project of the students who have enrolled for Honours with Research. One such faculty member can supervise maximum five students in Honours with Research stream.
6. The maximum intake of the department for Honours with Research programme is fixed by the department based on the number of faculty members eligible for project supervision, and other academic, research, and infrastructural facilities available.
7. If a greater number of eligible students are opting for the Honours with Research programme than the number of available seats, then the allotment shall be based on the existing rules of reservations and merits.

The scheme of continuous evaluation and the end-semester viva-voce of the project shall be as given below:

Components of Evaluation of Project	Marks for the Project (Honours/ Honours with Research)	Weightage
Continuous evaluation of project work through interim presentations and reports by the committee internally constituted by the Department Council	90	30%
End-semester viva-voce examination to be conducted by the external examiner appointed by the university	150	50%
Evaluation of the day-to-day records and project report submitted for the end-semester viva-voce examination conducted by the external examiner	60	20%
Total Marks	300	

#### **INTERNAL EVALUATION OF PROJECT**

Sl. No	Components of Evaluation of Project	Marks for the Project (Honours/ Honours with Research)
1	Skill in doing project work	30
2	Interim Presentation and Viva-Voce	20
3	Punctuality and Log book	20
4	Scheme/ Organization of Project Report	20
Total Marks		90

**EXTERNAL**

#### **EVALUATION OF PROJECT**

Sl. No	Components of Evaluation of Project	Marks for the Project (Honours/ Honours with Research) 12 credits
1	Content and relevance of the Project, Methodology, Quality of analysis, and Innovations of Research	50
2	Presentation of the Project	50
3	Project Report (typed copy), Log Book and References	60
4	Viva-Voce	50
Total Marks		210

All the General Foundation Courses (3-credits) in Psychology are with only theory component.

#### 4.1. INTERNAL EVALUATION

Sl. No.	Components of Internal Evaluation of a General Foundation Course in Psychology	Internal Marks of a General Foundation Course of 3-credits in Psychology	
		4 Theory Modules	Open-ended Module
1	Test paper/ Mid-semester Exam	10	2
2	Seminar/ Viva/ Quiz	6	2
3	Assignment	4	1
Total		20	5
		25	

#### 4.2. EXTERNAL EVALUATION

External evaluation carries about 70% marks. Examinations will be conducted at the end of each semester. Individual questions are evaluated in marks and the total marks are converted into grades by the University based on 10-point grading system (refer section 5).

### PATTERN OF QUESTION PAPER FOR GENERAL FOUNDATION COURSES

Duration	Type	Total No. of Questions	No. of Questions to be Answered	Marks for Each Question	Ceiling of Marks
1.5 Hours	Short Answer	10	8 – 10	2	16
	Paragraph/ Problem	5	4 – 5	6	24
	Essay	2	1	10	10
Total Marks					50

### Academic Levels of Discipline-Specific Pathway Courses

Sl. No.	Academic Level	Nature of the Courses	Implementation in CUFYUGP	
			Semesters	Minimum Credits
1	0 – 99	Prerequisites for foundation courses	-	-
2	100 – 199	Foundation courses	1 & 2	24
3	200 – 299	Intermediate level courses	3 & 4	28
4	300 – 399	Higher level courses	5 & 6	42*
5	400 – 499	First year PG level courses	7 & 8	44**

\* Out of 42 credits, 2 credits are from Internship.

\*\* In the case of students opting a pathway with a Minor, 12 credits out of 44 can be of 300 – 399 level